

# MARATHON CHAMPIONSHIPS

Date of event: 08 February 20

ROSSING

SWAKOP STRIDERS

## OVERALL

09 February 20

### 42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	42KM	Kauanivi	Mynhardt	02:20:58.83	(35) OPEN	POS 1 OF 59 (M)
2	42KM	Shipingana	Simon	02:22:15.09	(42) VETERAN	POS 2 OF 59 (M)
3	42KM	Mendoza	Pedro	02:28:11.16	(35) OPEN	POS 3 OF 59 (M)
4	42KM	Kadhingula	Matheus	02:31:16.64	(38) OPEN	POS 4 OF 59 (M)
5	42KM	David	Salomo T	02:40:22.78	(45) VETERAN	POS 5 OF 59 (M)
6	42KM	Mutanya	Mathews	02:40:23.48	(36) OPEN	POS 6 OF 59 (M)
7	42KM	Armas	Alina	02:41:02.43	(36) OPEN	POS 1 OF 31 (F)
8	42KM	Ndunga	Kristof	02:43:05.23	(54) MASTER	POS 7 OF 59 (M)
9	42KM	Amutoko	Anna	02:44:21.91	(37) OPEN	POS 2 OF 31 (F)
10	42KM	Haimbodi	Petrus	02:46:30.38	(24) OPEN	POS 8 OF 59 (M)
11	42KM	Gawaxab	Venantius	02:51:31.52	(42) VETERAN	POS 9 OF 59 (M)
12	42KM	Mpande	Kaliko	02:56:37.47	(45) VETERAN	POS 10 OF 59 (M)
13	42KM	Ekandjo	Leena	02:56:53.19	(29) OPEN	POS 3 OF 31 (F)
14	42KM	Dreyer	Risa	02:58:12.41	(31) OPEN	POS 4 OF 31 (F)
15	42KM	Aimwata	Otilie Kaunapawa	02:58:53.22	(40) VETERAN	POS 5 OF 31 (F)
16	42KM	Pinehas	Erastus	02:59:12.89	(37) OPEN	POS 11 OF 59 (M)
17	42KM	Kanu	Chidi Alex	03:08:11.65	(50) MASTER	POS 12 OF 59 (M)
18	42KM	Duve	Ephraim	03:09:59.48	(46) VETERAN	POS 13 OF 59 (M)
19	42KM	Nel	Eldo	03:17:56.96	(36) OPEN	POS 14 OF 59 (M)
20	42KM	Amakali	Frans	03:18:21.22	(38) OPEN	POS 15 OF 59 (M)
21	42KM	Väänänen	Jarmo	03:22:55.04	(53) MASTER	POS 16 OF 59 (M)
22	42KM	Gawaxamab	Johannes	03:26:45.66	(59) MASTER	POS 17 OF 59 (M)
23	42KM	Dias	Firmino	03:27:34.48	(42) VETERAN	POS 18 OF 59 (M)
24	42KM	Mukuahima	George	03:28:03.07	(67) GRAND MASTER	POS 19 OF 59 (M)
25	42KM	Chigariro	Oliver	03:35:03.11	(51) MASTER	POS 20 OF 59 (M)
26	42KM	Akukothela	Rakela	03:37:58.36	(42) VETERAN	POS 6 OF 31 (F)
27	42KM	Shingenge	David	03:39:45.69	(37) OPEN	POS 21 OF 59 (M)
28	42KM	Abraham	Jafet	03:40:09.46	(39) OPEN	POS 22 OF 59 (M)
29	42KM	Smit	Francois	03:40:24.44	(48) VETERAN	POS 23 OF 59 (M)
30	42KM	Bronkhorst	Johan	03:42:18.87	(52) MASTER	POS 24 OF 59 (M)
31	42KM	Kapolo	Simon	03:42:51.78	(24) OPEN	POS 25 OF 59 (M)
32	42KM	Bonat	Kevin	03:42:52.37	(41) VETERAN	POS 26 OF 59 (M)
33	42KM	Labuschagne	Jf	03:44:34.59	(25) OPEN	POS 27 OF 59 (M)
34	42KM	Silveira	Madaleno	03:44:38.59	(29) OPEN	POS 28 OF 59 (M)
35	42KM	Ndamanomhata	Paulus	03:45:09.39	(33) OPEN	POS 29 OF 59 (M)
36	42KM	Adriaanse	Lindie	03:49:44.17	(22) OPEN	POS 7 OF 31 (F)
37	42KM	Kintscher	Raimund	03:51:12.18	(58) MASTER	POS 30 OF 59 (M)
38	42KM	Ishila	Asser	03:51:17.44	(23) OPEN	POS 31 OF 59 (M)
39	42KM	Du Preez	Gert	03:53:01.78	(37) OPEN	POS 32 OF 59 (M)

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## 42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
40	42KM	Van Schalkwyk	Willem	03:53:03.91	(44) VETERAN	POS 33 OF 59 (M)
41	42KM	Brits	Kirsty	03:53:34.37	(40) VETERAN	POS 8 OF 31 (F)
42	42KM	Kadamika	James	03:53:44.83	(40) VETERAN	POS 34 OF 59 (M)
43	42KM	Beukes	Deon Perry	03:55:34.44	(52) MASTER	POS 35 OF 59 (M)
44	42KM	Naruseb	Epson	03:55:35.69	(42) VETERAN	POS 36 OF 59 (M)
45	42KM	Shaanika	Saltiel	03:58:03.46	(36) OPEN	POS 37 OF 59 (M)
46	42KM	Nambahu	Emilia	04:02:38.49	(50) MASTER	POS 9 OF 31 (F)
47	42KM	Yeke	Christian	04:03:09.42	(34) OPEN	POS 38 OF 59 (M)
48	42KM	James	Stephen	04:04:48.45	(32) OPEN	POS 39 OF 59 (M)
49	42KM	Burger	Riaan Adriaan	04:06:23.00	(51) MASTER	POS 40 OF 59 (M)
50	42KM	Martin	Sem	04:07:14.90	(35) OPEN	POS 41 OF 59 (M)
51	42KM	Coetzee	Marina	04:08:32.21	(59) MASTER	POS 10 OF 31 (F)
52	42KM	Burger	Wicus	04:09:27.52	(45) VETERAN	POS 42 OF 59 (M)
53	42KM	Herma	Achim	04:14:27.86	(63) GRAND MASTER	POS 43 OF 59 (M)
54	42KM	Adams	Adiel	04:16:42.52	(53) MASTER	POS 44 OF 59 (M)
55	42KM	Lochner	Ando	04:16:44.52	(37) OPEN	POS 11 OF 31 (F)
56	42KM	Shino	Elizabeth	04:17:28.55	(47) VETERAN	POS 12 OF 31 (F)
57	42KM	Haraseb	Kennedy	04:18:00.15	(33) OPEN	POS 45 OF 59 (M)
58	42KM	Kruger	Lieze	04:18:23.02	(30) OPEN	POS 13 OF 31 (F)
59	42KM	Drotsche	Marnus	04:18:53.25	(31) OPEN	POS 46 OF 59 (M)
60	42KM	Kauta	Lovelace	04:19:11.15	(40) VETERAN	POS 47 OF 59 (M)
61	42KM	De Klerk	Japie	04:19:56.88	(36) OPEN	POS 48 OF 59 (M)
62	42KM	Kittel	Barbara	04:20:21.20	(46) VETERAN	POS 14 OF 31 (F)
63	42KM	Muller	Izabe	04:21:53.52	(43) VETERAN	POS 15 OF 31 (F)
64	42KM	Johnson	Rachel	04:22:31.36	(37) OPEN	POS 16 OF 31 (F)
65	42KM	Raad	Carola	04:22:31.80	(37) OPEN	POS 17 OF 31 (F)
66	42KM	Swarts	Ann	04:28:05.19	(58) MASTER	POS 18 OF 31 (F)
67	42KM	Saayman	Ben	04:28:26.04	(32) OPEN	POS 49 OF 59 (M)
68	42KM	Tjitemisa	Nonnie	04:29:34.37	(48) VETERAN	POS 19 OF 31 (F)
69	42KM	Zamuee	Clarence Zanata	04:31:54.32	(40) VETERAN	POS 50 OF 59 (M)
70	42KM	Shiimi Asmundsson	Magano Katrina	04:32:43.75	(48) VETERAN	POS 20 OF 31 (F)
71	42KM	Cloete	Vincia	04:34:03.84	(37) OPEN	POS 21 OF 31 (F)
72	42KM	Lotsch	Cecilia	04:35:51.62	(50) MASTER	POS 22 OF 31 (F)
73	42KM	Kavendjii	Tuhupa	04:36:11.29	(37) OPEN	POS 23 OF 31 (F)
74	42KM	Namwandi	Melanie	04:36:52.00	(27) OPEN	POS 24 OF 31 (F)
75	42KM	Hartung-january	Lynn	04:38:19.36	(41) VETERAN	POS 25 OF 31 (F)
76	42KM	Absai	Joe	04:39:10.70	(59) MASTER	POS 51 OF 59 (M)
77	42KM	Visser	Phanus	04:42:34.74	(32) OPEN	POS 52 OF 59 (M)
78	42KM	Von Stein	Michelle	04:42:39.43	(36) OPEN	POS 26 OF 31 (F)
79	42KM	Louw	Etienne	04:42:40.15	(40) VETERAN	POS 53 OF 59 (M)
80	42KM	Payne	Clinton	04:42:58.90	(37) OPEN	POS 54 OF 59 (M)
81	42KM	Pote	Henry	04:45:17.62	(46) VETERAN	POS 55 OF 59 (M)

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## 42KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
82	42KM	Clarence	Marc	04:47:20.52	(38) OPEN	POS 56 OF 59 (M)
83	42KM	Sheehama	Joey Johanna	04:48:11.14	(32) OPEN	POS 27 OF 31 (F)
84	42KM	Kraus	Michael	04:56:17.01	(54) MASTER	POS 57 OF 59 (M)
85	42KM	Van Niekerk	Jan-harm	04:56:17.22	(34) OPEN	POS 58 OF 59 (M)
86	42KM	Mertens	Celeste	05:06:09.81	(41) VETERAN	POS 28 OF 31 (F)
87	42KM	Ndjoonduezu	Sandra	05:06:27.48	(50) MASTER	POS 29 OF 31 (F)
88	42KM	Sheya	Etuna	05:07:00.29	(45) VETERAN	POS 59 OF 59 (M)
89	42KM	Shipahu	Paulina Kapau	05:14:46.53	(31) OPEN	POS 30 OF 31 (F)
90	42KM	Shaanika	Beata	05:16:35.24	(35) OPEN	POS 31 OF 31 (F)

## 21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	21KM	Rainhold	Tomas Hilifa	01:00:05.56	(29) OPEN	POS 1 OF 115 (M)
2	21KM	Kondjashili	Kefas	01:00:21.57	(27) OPEN	POS 2 OF 115 (M)
3	21KM	Koper	Geson	01:03:59.95	(23) OPEN	POS 3 OF 115 (M)
4	21KM	Arnold	Mainga	01:04:04.39	(28) OPEN	POS 4 OF 115 (M)
5	21KM	Tembo	John	01:05:47.01	(23) OPEN	POS 5 OF 115 (M)
6	21KM	Embashu	Pinehas	01:05:56.85	(43) VETERAN	POS 6 OF 115 (M)
7	21KM	Shiimi	Gabriel	01:08:20.92	(43) VETERAN	POS 7 OF 115 (M)
8	21KM	Paulus	Michael	01:09:55.67	(18) JUNIOR	POS 8 OF 115 (M)
9	21KM	Kathima	Herman	01:10:09.55	(17) JUNIOR	POS 9 OF 115 (M)
10	21KM	Haitope	Lavinia	01:12:48.55	(29) OPEN	POS 1 OF 75 (F)
11	21KM	Amutse	Axel	01:16:42.23	(28) OPEN	POS 10 OF 115 (M)
12	21KM	Felistus	Chitoshi	01:16:43.72	(23) OPEN	POS 2 OF 75 (F)
13	21KM	Andreas	Tomas	01:17:45.43	(28) OPEN	POS 11 OF 115 (M)
14	21KM	Van Graan	J G	01:18:32.75	(36) OPEN	POS 12 OF 115 (M)
15	21KM	Braz	Gabriel	01:19:28.27	(50) MASTER	POS 13 OF 115 (M)
16	21KM	Vilho	Abner Tangeni	01:19:43.07	(26) OPEN	POS 14 OF 115 (M)
17	21KM	lipinge	Helena	01:21:12.79	(42) VETERAN	POS 3 OF 75 (F)
18	21KM	Ambunda	Ananias	01:22:49.60	(37) OPEN	POS 15 OF 115 (M)
19	21KM	Frans	Erasmus	01:23:26.75	(50) MASTER	POS 16 OF 115 (M)
20	21KM	Nangolo	Joiy	01:25:09.69	(17) JUNIOR	POS 17 OF 115 (M)
21	21KM	Spangenberg	Nicole	01:25:23.87	(36) OPEN	POS 4 OF 75 (F)
22	21KM	Pocsi	Antal Faghan	01:26:14.76	(29) OPEN	POS 18 OF 115 (M)
23	21KM	Weyers	Hendrik Louis	01:26:58.91	(55) MASTER	POS 19 OF 115 (M)
24	21KM	Haitope	Ester	01:27:12.47	(29) OPEN	POS 5 OF 75 (F)
25	21KM	Snyders	Ethan	01:28:02.23	(16) JUNIOR	POS 20 OF 115 (M)
26	21KM	Papama	Albert	01:28:41.01	(55) MASTER	POS 21 OF 115 (M)
27	21KM	Van Heerden	Ingram	01:29:44.60	(38) OPEN	POS 22 OF 115 (M)
28	21KM	Dinath	Nawaaz	01:29:47.79	(37) OPEN	POS 23 OF 115 (M)
29	21KM	Nolte	Eugene	01:29:51.74	(18) JUNIOR	POS 24 OF 115 (M)
30	21KM	Van Graan	Louise	01:30:35.62	(36) OPEN	POS 6 OF 75 (F)

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## 21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
31	21KM	Muhalisa	Johannes	01:30:51.31	(23) OPEN	POS 25 OF 115 (M)
32	21KM	Waandja	Timotheus	01:30:54.31	(28) OPEN	POS 26 OF 115 (M)
33	21KM	Markus	Windsor	01:32:10.24	(41) VETERAN	POS 27 OF 115 (M)
34	21KM	Keib	Michael	01:32:25.60	(31) OPEN	POS 28 OF 115 (M)
35	21KM	Akwenye	Harold Bolla	01:33:41.03	(45) VETERAN	POS 29 OF 115 (M)
36	21KM	Breed	Louise	01:33:42.70	(35) OPEN	POS 7 OF 75 (F)
37	21KM	Nandjungu	Fredy	01:33:56.54	(33) OPEN	POS 30 OF 115 (M)
38	21KM	Chinyoka	Takaruda	01:34:11.59	(42) VETERAN	POS 31 OF 115 (M)
39	21KM	Sibuku	Alley	01:34:40.79	(39) OPEN	POS 32 OF 115 (M)
40	21KM	Matheus	Paulus	01:34:47.12	(32) OPEN	POS 33 OF 115 (M)
41	21KM	Thiel	Mark	01:34:53.09	(36) OPEN	POS 34 OF 115 (M)
42	21KM	Harteveld	Joris	01:36:30.25	(51) MASTER	POS 35 OF 115 (M)
43	21KM	Makhaza	Arthur	01:36:39.28	(40) VETERAN	POS 36 OF 115 (M)
44	21KM	Ruiters	Richard	01:37:03.19	(32) OPEN	POS 37 OF 115 (M)
45	21KM	Mutesi	John	01:37:55.90	(40) VETERAN	POS 38 OF 115 (M)
46	21KM	Louw	Rudi	01:38:05.22	(38) OPEN	POS 39 OF 115 (M)
47	21KM	Mamutse	Wayne Bradly	01:38:32.50	(39) OPEN	POS 40 OF 115 (M)
48	21KM	Meyer	Johan	01:38:40.92	(33) OPEN	POS 41 OF 115 (M)
49	21KM	Burger	Sybrand	01:38:57.00	(25) OPEN	POS 42 OF 115 (M)
50	21KM	Mahongo	Fabianus	01:39:13.54	(36) OPEN	POS 43 OF 115 (M)
51	21KM	Chipfupa	Munyaradzi	01:39:17.84	(44) VETERAN	POS 44 OF 115 (M)
52	21KM	Araeb	Gottfried Jonatan	01:39:50.25	(37) OPEN	POS 45 OF 115 (M)
53	21KM	Reinders	Luan	01:39:58.61	(29) OPEN	POS 46 OF 115 (M)
54	21KM	Zatjirua	Ujandja	01:39:59.23	(31) OPEN	POS 47 OF 115 (M)
55	21KM	Shikongo	Martin	01:41:03.74	(30) OPEN	POS 48 OF 115 (M)
56	21KM	Du Preez	Iwanette	01:41:06.80	(32) OPEN	POS 8 OF 75 (F)
57	21KM	Luanda	John	01:41:35.20	(29) OPEN	POS 49 OF 115 (M)
58	21KM	Ndemwoongela	Jerevasiu T.	01:42:50.44	(36) OPEN	POS 50 OF 115 (M)
59	21KM	Nolte	Philip	01:43:03.15	(17) JUNIOR	POS 51 OF 115 (M)
60	21KM	Fielding	Frank	01:43:06.99	(57) MASTER	POS 52 OF 115 (M)
61	21KM	Pelser	Jan	01:43:40.22	(33) OPEN	POS 53 OF 115 (M)
62	21KM	Shimboyo	Fanuel	01:43:49.98	(27) OPEN	POS 54 OF 115 (M)
63	21KM	Pretorius	Jo-andri	01:44:26.77	(27) OPEN	POS 9 OF 75 (F)
64	21KM	Mukupuki	Winnie	01:45:17.81	(32) OPEN	POS 10 OF 75 (F)
65	21KM	Oosthuizen	Istvan	01:45:29.83	(27) OPEN	POS 55 OF 115 (M)
66	21KM	Viviers	Michelle	01:45:50.01	(30) OPEN	POS 11 OF 75 (F)
67	21KM	Tjipe	Percy	01:46:26.87	(42) VETERAN	POS 56 OF 115 (M)
68	21KM	Möwes	Andrew	01:46:35.58	(51) MASTER	POS 57 OF 115 (M)
69	21KM	Nuwuseb	Sedney	01:46:37.15	(39) OPEN	POS 58 OF 115 (M)
70	21KM	Nderecha	Kudzai John	01:46:48.51	(39) OPEN	POS 59 OF 115 (M)
71	21KM	Theron	Armored	01:46:51.35	(37) OPEN	POS 12 OF 75 (F)
72	21KM	Nasilowski	Marius	01:46:53.69	(39) OPEN	POS 60 OF 115 (M)

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## 21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
73	21KM	Fortuin	Claudia	01:47:33.95	(32) OPEN	POS 13 OF 75 (F)
74	21KM	Davids	Isak Delberth	01:48:15.26	(44) VETERAN	POS 61 OF 115 (M)
75	21KM	Lacock	Hennie	01:49:08.91	(39) OPEN	POS 62 OF 115 (M)
76	21KM	Zatjirua	Vaja	01:49:11.64	(44) VETERAN	POS 63 OF 115 (M)
77	21KM	Amwaalwa	Jeremia	01:49:29.35	(31) OPEN	POS 64 OF 115 (M)
78	21KM	Haufiku	Fabian	01:49:30.16	(53) MASTER	POS 65 OF 115 (M)
79	21KM	Shoonyeka	Lukas	01:49:37.69	(41) VETERAN	POS 66 OF 115 (M)
80	21KM	Labuschagne	Leandie	01:49:54.38	(31) OPEN	POS 14 OF 75 (F)
81	21KM	Gontes	Heltroud Karin	01:49:59.50	(34) OPEN	POS 15 OF 75 (F)
82	21KM	Potgieter	Theo	01:50:01.76	(42) VETERAN	POS 67 OF 115 (M)
83	21KM	Markus	Hedwig	01:50:08.00	(32) OPEN	POS 16 OF 75 (F)
84	21KM	Hanga	Henock Pengevali	01:50:09.20	(33) OPEN	POS 68 OF 115 (M)
85	21KM	Haupt	Christine	01:50:13.99	(56) MASTER	POS 17 OF 75 (F)
86	21KM	Veloso	Violeta	01:50:18.80	(28) OPEN	POS 18 OF 75 (F)
87	21KM	Shiyanga	Martha	01:51:13.23	(34) OPEN	POS 19 OF 75 (F)
88	21KM	Kgosintwa	Joseph	01:51:34.61	(37) OPEN	POS 69 OF 115 (M)
89	21KM	Shangadi	Lazarus	01:51:44.99	(38) OPEN	POS 70 OF 115 (M)
90	21KM	Angula	Ekinsa	01:52:00.70	(30) OPEN	POS 20 OF 75 (F)
91	21KM	Burger	Riaan	01:52:05.00	(32) OPEN	POS 71 OF 115 (M)
92	21KM	Burger	Erik	01:52:05.80	(30) OPEN	POS 72 OF 115 (M)
93	21KM	Chakufiyali	Mike	01:52:09.50	(38) OPEN	POS 73 OF 115 (M)
94	21KM	Kanelombe	Lazarus	01:52:32.04	(41) VETERAN	POS 74 OF 115 (M)
95	21KM	Zahradnicky	Marko	01:52:40.39	(26) OPEN	POS 75 OF 115 (M)
96	21KM	Volkman	Hermann	01:52:51.03	(61) GRAND MASTER	POS 76 OF 115 (M)
97	21KM	Bruyns	Riaan	01:53:09.02	(43) VETERAN	POS 77 OF 115 (M)
98	21KM	Kreft	Thorsten	01:53:13.17	(24) OPEN	POS 78 OF 115 (M)
99	21KM	Ihms	Romi	01:54:17.42	(28) OPEN	POS 21 OF 75 (F)
100	21KM	Shilongo	Herman	01:54:21.83	(35) OPEN	POS 79 OF 115 (M)
101	21KM	Colmer	Derick	01:54:31.41	(39) OPEN	POS 80 OF 115 (M)
102	21KM	Nyeemwatya	Indileni Madrinha	01:54:49.35	(36) OPEN	POS 22 OF 75 (F)
103	21KM	Kotze	Louise	01:55:30.74	(38) OPEN	POS 23 OF 75 (F)
104	21KM	January	Conrad	01:55:35.69	(43) VETERAN	POS 81 OF 115 (M)
105	21KM	Mertens	Willy	01:56:08.39	(44) VETERAN	POS 82 OF 115 (M)
106	21KM	Kotze	Alexander	01:57:04.10	(29) OPEN	POS 83 OF 115 (M)
107	21KM	Walter	Cassandra	01:57:46.77	(39) OPEN	POS 24 OF 75 (F)
108	21KM	Botes	Jessica	01:58:09.01	(31) OPEN	POS 25 OF 75 (F)
109	21KM	Nauwela	Elijah	01:58:22.01	(35) OPEN	POS 84 OF 115 (M)
110	21KM	Uxamb	Brian	01:58:45.03	(35) OPEN	POS 85 OF 115 (M)
111	21KM	Weyers	Tersia	01:58:51.09	(47) VETERAN	POS 26 OF 75 (F)
112	21KM	Zamuee	Richard Virimuje	01:59:57.22	(16) JUNIOR	POS 86 OF 115 (M)
113	21KM	Chiduwa	Tendai	02:00:27.86	(34) OPEN	POS 27 OF 75 (F)
114	21KM	Roets	Anton	02:00:37.35	(45) VETERAN	POS 87 OF 115 (M)

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## 21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
115	21KM	Kalomo	Nancy	02:00:59.88	(37) OPEN	POS 28 OF 75 (F)
116	21KM	Nasilowski	Denize	02:01:17.59	(37) OPEN	POS 29 OF 75 (F)
117	21KM	Visser	Danica	02:01:17.95	(31) OPEN	POS 30 OF 75 (F)
118	21KM	Brits	Janie	02:02:12.06	(47) VETERAN	POS 31 OF 75 (F)
119	21KM	Kavendjii	Clive	02:02:16.11	(45) VETERAN	POS 88 OF 115 (M)
120	21KM	Talbot	Magda	02:02:36.54	(52) MASTER	POS 32 OF 75 (F)
121	21KM	Kapuire	Gereon	02:02:52.73	(40) VETERAN	POS 89 OF 115 (M)
122	21KM	Mabhena	Nhlanhla	02:02:57.82	(41) VETERAN	POS 90 OF 115 (M)
123	21KM	Uxamb	Ally	02:03:31.28	(32) OPEN	POS 33 OF 75 (F)
124	21KM	Kittel	Heiner	02:03:38.43	(48) VETERAN	POS 91 OF 115 (M)
125	21KM	Vollmer	Brendan	02:03:41.88	(39) OPEN	POS 92 OF 115 (M)
126	21KM	Jansen Van	Desiree	02:04:11.27	(34) OPEN	POS 34 OF 75 (F)
127	21KM	Shikongo	Theodore	02:06:12.87	(18) JUNIOR	POS 93 OF 115 (M)
128	21KM	Itewa	Eliphas	02:06:13.36	(36) OPEN	POS 94 OF 115 (M)
129	21KM	Ikena	Gabriel	02:06:23.03	(31) OPEN	POS 95 OF 115 (M)
130	21KM	Ikela	Sam	02:06:27.40	(40) VETERAN	POS 96 OF 115 (M)
131	21KM	James	Emily	02:06:36.17	(30) OPEN	POS 35 OF 75 (F)
132	21KM	Heath	Merike	02:06:57.16	(36) OPEN	POS 36 OF 75 (F)
133	21KM	Lubbe	Nicole	02:07:21.47	(32) OPEN	POS 37 OF 75 (F)
134	21KM	Roos	Elfrieda	02:07:23.30	(32) OPEN	POS 38 OF 75 (F)
135	21KM	Schrader	Alet	02:07:26.15	(60) GRAND MASTER	POS 39 OF 75 (F)
136	21KM	Shikongo	Laurentius lipinge	02:08:10.25	(31) OPEN	POS 97 OF 115 (M)
137	21KM	Cloete	Eaton	02:08:18.13	(28) OPEN	POS 98 OF 115 (M)
138	21KM	Blaauw	Juliana	02:08:27.83	(67) GRAND MASTER	POS 40 OF 75 (F)
139	21KM	Etsebeth	Annemarie	02:08:33.59	(53) MASTER	POS 41 OF 75 (F)
140	21KM	Van Niekerk	Martinette	02:08:34.40	(51) MASTER	POS 42 OF 75 (F)
141	21KM	Landers	Johan	02:08:37.44	(58) MASTER	POS 99 OF 115 (M)
142	21KM	Buckley	Averyl	02:08:51.66	(34) OPEN	POS 43 OF 75 (F)
143	21KM	Shikesho	Andreas	02:09:09.65	(56) MASTER	POS 100 OF 115 (M)
144	21KM	Bailey	Richard	02:09:40.56	(60) GRAND MASTER	POS 101 OF 115 (M)
145	21KM	Bailey	Estelle	02:09:54.98	(49) VETERAN	POS 44 OF 75 (F)
146	21KM	Van Der Merwe	Marita	02:09:56.09	(59) MASTER	POS 45 OF 75 (F)
147	21KM	Schoor	Lisann	02:09:58.28	(24) OPEN	POS 46 OF 75 (F)
148	21KM	Geel	Soenet	02:10:48.78	(37) OPEN	POS 47 OF 75 (F)
149	21KM	Raffie	Gino	02:11:20.82	(43) VETERAN	POS 102 OF 115 (M)
150	21KM	Utjavari	Uaapi	02:12:57.19	(42) VETERAN	POS 103 OF 115 (M)
151	21KM	Baker-monteforte	Nancy	02:13:12.52	(49) VETERAN	POS 48 OF 75 (F)
152	21KM	Flasskamp	Natalie	02:13:40.57	(37) OPEN	POS 49 OF 75 (F)
153	21KM	Kaunazondunge	Vatoorora	02:14:53.49	(30) OPEN	POS 50 OF 75 (F)
154	21KM	Kapanga	Lilyenge	02:14:59.71	(30) OPEN	POS 104 OF 115 (M)
155	21KM	Greeff	Yvette	02:15:13.53	(52) MASTER	POS 51 OF 75 (F)
156	21KM	Van Der Westhuizen	Pieter	02:15:36.10	(50) MASTER	POS 105 OF 115 (M)

# MARATHON CHAMPIONSHIPS

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## 21KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
157	21KM	Witbooi	Emarencia	02:16:03.90	(27) OPEN	POS 52 OF 75 (F)
158	21KM	Shaanika	Jakob Mwaala	02:17:31.67	(38) OPEN	POS 106 OF 115 (M)
159	21KM	Roets	Annemarie	02:17:37.68	(48) VETERAN	POS 53 OF 75 (F)
160	21KM	Mouton	Clifford	02:17:41.02	(47) VETERAN	POS 107 OF 115 (M)
161	21KM	Berdnikova	Svetlana	02:17:43.25	(49) VETERAN	POS 54 OF 75 (F)
162	21KM	Shikesho	Celine	02:17:56.75	(35) OPEN	POS 55 OF 75 (F)
163	21KM	Nyandoro	James	02:17:59.24	(46) VETERAN	POS 108 OF 115 (M)
164	21KM	Kanu	Rauna	02:18:12.32	(42) VETERAN	POS 56 OF 75 (F)
165	21KM	Neshila	Salmi	02:18:47.29	(34) OPEN	POS 57 OF 75 (F)
166	21KM	Dias	Monica	02:20:40.11	(42) VETERAN	POS 58 OF 75 (F)
167	21KM	De Koning	Marisja	02:21:13.07	(19) JUNIOR	POS 59 OF 75 (F)
168	21KM	Shangula	Toxie	02:21:57.19	(34) OPEN	POS 60 OF 75 (F)
169	21KM	Gariseb	Stefanus	02:23:05.09	(37) OPEN	POS 109 OF 115 (M)
170	21KM	Kazondunge	Uejaa	02:23:36.04	(36) OPEN	POS 61 OF 75 (F)
171	21KM	Muyangi	Seminah	02:23:40.12	(38) OPEN	POS 62 OF 75 (F)
172	21KM	Hendricks	Mildred	02:25:06.03	(50) MASTER	POS 63 OF 75 (F)
173	21KM	Mwadhina	Roswita Rose	02:27:37.10	(28) OPEN	POS 64 OF 75 (F)
174	21KM	Lasarus	Julia Ileni	02:27:40.89	(29) OPEN	POS 65 OF 75 (F)
175	21KM	Neshila	Francisco	02:29:25.30	(41) VETERAN	POS 110 OF 115 (M)
176	21KM	Nehale	Herodia	02:30:13.62	(33) OPEN	POS 66 OF 75 (F)
177	21KM	Angukku	Fenni	02:30:17.14	(39) OPEN	POS 67 OF 75 (F)
178	21KM	Mabvoro	Chawapuwa	02:32:19.66	(34) OPEN	POS 68 OF 75 (F)
179	21KM	Nel	Maria	02:38:10.60	(68) GRAND MASTER	POS 69 OF 75 (F)
180	21KM	Ruppel	Monika	02:38:39.68	(36) OPEN	POS 70 OF 75 (F)
181	21KM	Ochs	Ewald	02:39:34.90	(63) GRAND MASTER	POS 111 OF 115 (M)
182	21KM	Corazinz	Jenny	02:40:48.15	(45) VETERAN	POS 71 OF 75 (F)
183	21KM	Shikwaya	Rauna	02:43:06.73	(29) OPEN	POS 72 OF 75 (F)
184	21KM	Kangueehi	Coco N	02:43:15.23	(37) OPEN	POS 73 OF 75 (F)
185	21KM	Shailemo	Dennis Hp	02:43:28.56	(29) OPEN	POS 112 OF 115 (M)
186	21KM	Myburgh	Conrad Sam	02:47:07.37	(69) GRAND MASTER	POS 113 OF 115 (M)
187	21KM	Talbot	Joel	02:47:07.79	(64) GRAND MASTER	POS 114 OF 115 (M)
188	21KM	Hambeka	Sylvia	02:50:50.18	(46) VETERAN	POS 74 OF 75 (F)
189	21KM	Nowaseb	Vincent	02:57:46.73	(36) OPEN	POS 115 OF 115 (M)
190	21KM	Groenewald	Tanya	03:25:07.49	(31) OPEN	POS 75 OF 75 (F)

## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	10KM	Paulus	Daniel	00:30:1.10	(23) OPEN	POS 1 OF 155 (M)
2	10KM	Shalixwe	Jeremia	00:30:06.19	(31) OPEN	POS 2 OF 155 (M)
3	10KM	Ugwanga	Elia	00:30:39.33	(28) OPEN	POS 3 OF 155 (M)
4	10KM	Shigweda	Thomas	00:31:35.26	(24) OPEN	POS 4 OF 155 (M)
5	10KM	Sakaria	Tangeni	00:31:37.46	(25) OPEN	POS 5 OF 155 (M)

# MARATHON CHAMPIONSHIPS

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
6	10KM	Ndakola	Jekonia	00:32:52.81	(34) OPEN	POS 6 OF 155 (M)
7	10KM	Banda	Martin	00:33:07.66	(31) OPEN	POS 7 OF 155 (M)
8	10KM	Komeya	Oscar	00:33:39.16	(44) VETERAN	POS 8 OF 155 (M)
9	10KM	Iiyambo	David	00:33:43.67	(40) VETERAN	POS 9 OF 155 (M)
10	10KM	Titus	Stanley	00:34:00.04	(16) JUNIOR	POS 10 OF 155 (M)
11	10KM	Nakale	Simon	00:35:38.79	(25) OPEN	POS 11 OF 155 (M)
12	10KM	Nakale	Hundsorfer	00:35:40.84	(25) OPEN	POS 12 OF 155 (M)
13	10KM	Mbamba	Alpo	00:35:57.23	(18) JUNIOR	POS 13 OF 155 (M)
14	10KM	Shilongo	Shiivomwene	00:36:07.95	(24) OPEN	POS 1 OF 169 (F)
15	10KM	Mweshamekange	Indileni	00:36:56.42	(27) OPEN	POS 2 OF 169 (F)
16	10KM	Julius	Julius	00:37:54.35	(36) OPEN	POS 14 OF 155 (M)
17	10KM	Kawela	Isak	00:38:22.20	(33) OPEN	POS 15 OF 155 (M)
18	10KM	Narib	Siyane	00:39:39.91	(19) JUNIOR	POS 16 OF 155 (M)
19	10KM	Mutota	Mathias	00:39:46.96	(51) MASTER	POS 17 OF 155 (M)
20	10KM	Shipoline	Quinton	00:40:06.26	(11) JUNIOR	POS 18 OF 155 (M)
21	10KM	Kondjala	Erastus	00:41:11.88	(26) OPEN	POS 19 OF 155 (M)
22	10KM	Kunda	Christabel	00:41:14.57	(24) OPEN	POS 3 OF 169 (F)
23	10KM	April	Richard	00:43:30.43	(40) VETERAN	POS 20 OF 155 (M)
24	10KM	Shelikita	Ndahambelela	00:44:17.26	(34) OPEN	POS 4 OF 169 (F)
25	10KM	Shiweda	Ndinelao	00:44:40.70	(28) OPEN	POS 5 OF 169 (F)
26	10KM	Fourie	Hennie (jnr)	00:44:45.02	(36) OPEN	POS 21 OF 155 (M)
27	10KM	Ndevele	Try Again	00:45:07.29	(20) OPEN	POS 22 OF 155 (M)
28	10KM	Mengo	Felix	00:45:09.19	(40) VETERAN	POS 23 OF 155 (M)
29	10KM	Schutz	Willie	00:45:12.02	(53) MASTER	POS 24 OF 155 (M)
30	10KM	Kambalili	Martin	00:45:12.93	(21) OPEN	POS 25 OF 155 (M)
31	10KM	Junias	Jonas	00:45:13.95	(26) OPEN	POS 26 OF 155 (M)
32	10KM	Ashikoto	Leonard	00:45:21.78	(31) OPEN	POS 27 OF 155 (M)
33	10KM	Nakale	Johannes	00:46:35.55	(32) OPEN	POS 28 OF 155 (M)
34	10KM	Shipopyeni	Tobias	00:47:04.12	(40) VETERAN	POS 29 OF 155 (M)
35	10KM	Pelser	Ernest	00:47:19.64	(29) OPEN	POS 30 OF 155 (M)
36	10KM	Kasheeta	Werner	00:47:21.28	(37) OPEN	POS 31 OF 155 (M)
37	10KM	Shaanika	Risto	00:47:28.66	(28) OPEN	POS 32 OF 155 (M)
38	10KM	De Wet	Rechia	00:47:31.23	(36) OPEN	POS 6 OF 169 (F)
39	10KM	Swartz	Stefan	00:47:59.65	(28) OPEN	POS 33 OF 155 (M)
40	10KM	Nani	Jason	00:48:13.45	(27) OPEN	POS 34 OF 155 (M)
41	10KM	Courtney-clarke	Frances	00:48:18.75	(41) VETERAN	POS 7 OF 169 (F)
42	10KM	Petaya	Paulus	00:49:42.71	(28) OPEN	POS 35 OF 155 (M)
43	10KM	Beukes	Clauss	00:50:11.95	(46) VETERAN	POS 36 OF 155 (M)
44	10KM	Zibiso	Inyambo	00:50:30.30	(38) OPEN	POS 37 OF 155 (M)
45	10KM	Shilamba	Jerold	00:50:43.79	(29) OPEN	POS 38 OF 155 (M)
46	10KM	Labuschagne	Jan Hendrik	00:50:45.70	(60) GRAND MASTER	POS 39 OF 155 (M)
47	10KM	Akwenye	Fillemon	00:50:50.68	(33) OPEN	POS 40 OF 155 (M)



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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
48	10KM	Ochse	Gerda	00:50:51.31	(51) MASTER	POS 8 OF 169 (F)
49	10KM	Iyambo	Eveline	00:52:07.89	(41) VETERAN	POS 9 OF 169 (F)
50	10KM	Spangenberg	Chris	00:52:11.09	(37) OPEN	POS 41 OF 155 (M)
51	10KM	Angula	Ndemufayo	00:52:28.09	(38) OPEN	POS 10 OF 169 (F)
52	10KM	Lensing	Arina	00:52:30.09	(32) OPEN	POS 11 OF 169 (F)
53	10KM	Geireseb	Alwyn	00:52:34.09	(32) OPEN	POS 42 OF 155 (M)
54	10KM	Van Wyk	Andre	00:52:41.84	(44) VETERAN	POS 43 OF 155 (M)
55	10KM	Indongo	Johannes	00:52:53.16	(30) OPEN	POS 44 OF 155 (M)
56	10KM	Massipa	Steven	00:53:00.32	(33) OPEN	POS 45 OF 155 (M)
57	10KM	Lewies	Zarika	00:53:17.77	(37) OPEN	POS 12 OF 169 (F)
58	10KM	Payne	Joseph	00:53:18.63	(39) OPEN	POS 46 OF 155 (M)
59	10KM	Shiimi	Lukas	00:53:28.26	(28) OPEN	POS 47 OF 155 (M)
60	10KM	De Tavernier	Camille	00:53:30.20	(38) OPEN	POS 13 OF 169 (F)
61	10KM	Ndhangwapo	Dave	00:53:31.14	(30) OPEN	POS 48 OF 155 (M)
62	10KM	Van Eeden	Gerhard	00:53:31.64	(41) VETERAN	POS 49 OF 155 (M)
63	10KM	Klingelhoefter	Dominic	00:53:32.18	(24) OPEN	POS 50 OF 155 (M)
64	10KM	Alfredo	Marlene	00:53:41.75	(34) OPEN	POS 14 OF 169 (F)
65	10KM	Fleidl	Norbert	00:53:49.23	(61) GRAND MASTER	POS 51 OF 155 (M)
66	10KM	Kalomho	Immanuel	00:54:06.00	(36) OPEN	POS 52 OF 155 (M)
67	10KM	Hauuanga	Lance	00:54:16.03	(46) VETERAN	POS 53 OF 155 (M)
68	10KM	Shiyuka	Josia	00:54:19.86	(30) OPEN	POS 54 OF 155 (M)
69	10KM	Beukes	Sonya	00:54:29.91	(28) OPEN	POS 15 OF 169 (F)
70	10KM	Van Wyk	Dre	00:54:34.38	(17) JUNIOR	POS 55 OF 155 (M)
71	10KM	Smit	Sugnet	00:54:53.16	(56) MASTER	POS 16 OF 169 (F)
72	10KM	Rukamba	Julianus Juli	00:54:55.12	(33) OPEN	POS 56 OF 155 (M)
73	10KM	Nandjembo	Andrew	00:54:57.51	(29) OPEN	POS 57 OF 155 (M)
74	10KM	Rozmus	Kamil	00:55:32.12	(36) OPEN	POS 58 OF 155 (M)
75	10KM	Hornickel	Ruth	00:55:34.11	(33) OPEN	POS 17 OF 169 (F)
76	10KM	Rikeke	Paulus	00:55:39.06	(30) OPEN	POS 59 OF 155 (M)
77	10KM	Hambira	Bolle	00:55:42.19	(42) VETERAN	POS 60 OF 155 (M)
78	10KM	Lewies	Cornelius Jacobus	00:55:50.30	(38) OPEN	POS 61 OF 155 (M)
79	10KM	Nyau	Sem	00:55:54.80	(33) OPEN	POS 62 OF 155 (M)
80	10KM	Fortuin	David	00:55:56.88	(36) OPEN	POS 63 OF 155 (M)
81	10KM	Shoowa	Ruusa	00:56:06.04	(25) OPEN	POS 18 OF 169 (F)
82	10KM	Burd	Ulla	00:56:09.29	(56) MASTER	POS 19 OF 169 (F)
83	10KM	Snyders	Nathan	00:56:12.04	(12) JUNIOR	POS 64 OF 155 (M)
84	10KM	Jansen	Jauque	00:56:18.13	(40) VETERAN	POS 65 OF 155 (M)
85	10KM	Aitembu	Aikondja Petrus	00:56:28.24	(32) OPEN	POS 66 OF 155 (M)
86	10KM	Gamiseb	Gerhard	00:56:32.07	(35) OPEN	POS 67 OF 155 (M)
87	10KM	Baas	Tessa	00:56:43.15	(33) OPEN	POS 20 OF 169 (F)
88	10KM	De Wet	Dennis	00:56:45.23	(38) OPEN	POS 68 OF 155 (M)
89	10KM	Boucher	Mathew	00:56:57.56	(60) GRAND MASTER	POS 69 OF 155 (M)

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
90	10KM	Kayavala	Shangeelao	00:57:02.58	(36) OPEN	POS 70 OF 155 (M)
91	10KM	Dreyer	Maans Hermanus	00:57:10.78	(59) MASTER	POS 71 OF 155 (M)
92	10KM	Kaipiti	Julius	00:57:13.08	(37) OPEN	POS 72 OF 155 (M)
93	10KM	Iyambo	Joel Ndangi	00:57:15.15	(35) OPEN	POS 73 OF 155 (M)
94	10KM	Sheya	Frans	00:57:29.75	(33) OPEN	POS 74 OF 155 (M)
95	10KM	Auala	Petrus	00:57:51.35	(27) OPEN	POS 75 OF 155 (M)
96	10KM	Ekanjjo	Shali	00:58:02.87	(42) VETERAN	POS 76 OF 155 (M)
97	10KM	Fourie	Hendrik	00:58:04.21	(70) GRAND MASTER	POS 77 OF 155 (M)
98	10KM	lileka	Peter	00:58:04.99	(52) MASTER	POS 78 OF 155 (M)
99	10KM	Borstlap	Jolandi	00:58:10.46	(39) OPEN	POS 21 OF 169 (F)
100	10KM	Kalili	Angula	00:58:24.08	(44) VETERAN	POS 79 OF 155 (M)
101	10KM	Kruger	Morne	00:58:24.53	(36) OPEN	POS 80 OF 155 (M)
102	10KM	Heita	Ndinelago	00:58:32.35	(30) OPEN	POS 22 OF 169 (F)
103	10KM	Gruhn	Caroline	00:58:34.28	(50) MASTER	POS 23 OF 169 (F)
104	10KM	Van Niekerk	Juanita	00:58:34.86	(53) MASTER	POS 24 OF 169 (F)
105	10KM	Matheus	Nelson	00:58:38.33	(34) OPEN	POS 81 OF 155 (M)
106	10KM	Kamukwatange	Erikki	00:58:39.77	(32) OPEN	POS 82 OF 155 (M)
107	10KM	Booyesen	Harold	00:58:43.13	(37) OPEN	POS 83 OF 155 (M)
108	10KM	Van Wyk	Reedewann	00:58:54.00	(41) VETERAN	POS 84 OF 155 (M)
109	10KM	Kaune	Phillip	00:59:03.89	(40) VETERAN	POS 85 OF 155 (M)
110	10KM	Basson	Marius	00:59:06.12	(37) OPEN	POS 86 OF 155 (M)
111	10KM	Van Der Spuy	Gernette	00:59:09.65	(38) OPEN	POS 25 OF 169 (F)
112	10KM	Meintjes	Nicola	00:59:10.50	(27) OPEN	POS 26 OF 169 (F)
113	10KM	Meintjes	Mark	00:59:10.98	(60) GRAND MASTER	POS 87 OF 155 (M)
114	10KM	Nell	Bjorn	00:59:14.34	(27) OPEN	POS 88 OF 155 (M)
115	10KM	Van Niekerk	Lloyd	00:59:20.15	(22) OPEN	POS 89 OF 155 (M)
116	10KM	Van Der Merwe	Claudia	00:59:35.61	(35) OPEN	POS 27 OF 169 (F)
117	10KM	O'callaghan	Corne	00:59:41.90	(40) VETERAN	POS 28 OF 169 (F)
118	10KM	Brooks	Denzo K	00:59:50.54	(35) OPEN	POS 90 OF 155 (M)
119	10KM	Oosthuysen	Sone	00:59:54.26	(27) OPEN	POS 29 OF 169 (F)
120	10KM	Van Vuuren	Jacques	00:59:55.98	(51) MASTER	POS 91 OF 155 (M)
121	10KM	Neshuku	Ndeshipanda	00:59:57.45	(26) OPEN	POS 30 OF 169 (F)
122	10KM	Shipena	Ndapandula	01:00:04.20	(33) OPEN	POS 31 OF 169 (F)
123	10KM	Herselman	Corne Winette	01:00:07.90	(45) VETERAN	POS 32 OF 169 (F)
124	10KM	De Jager	Deidry	01:00:10.07	(43) VETERAN	POS 33 OF 169 (F)
125	10KM	Irodistan	Rolen	01:00:19.40	(33) OPEN	POS 92 OF 155 (M)
126	10KM	Ndivaye	Wilson	01:00:29.40	(35) OPEN	POS 93 OF 155 (M)
127	10KM	Clarke	Ryan	01:00:32.06	(35) OPEN	POS 94 OF 155 (M)
128	10KM	Bailey	Reuben	01:00:38.01	(16) JUNIOR	POS 95 OF 155 (M)
129	10KM	Lehoho	Lucianno	01:00:43.49	(22) OPEN	POS 96 OF 155 (M)
130	10KM	Muhapi	Oscar	01:00:48.59	(46) VETERAN	POS 97 OF 155 (M)
131	10KM	Zapke	Fred	01:00:51.10	(14) JUNIOR	POS 98 OF 155 (M)

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
132	10KM	Lebusa	Michael	01:01:09.03	(43) VETERAN	POS 99 OF 155 (M)
133	10KM	Martins	Annemarie	01:01:15.75	(60) GRAND MASTER	POS 34 OF 169 (F)
134	10KM	Hoffmann	Tanja	01:01:26.43	(44) VETERAN	POS 35 OF 169 (F)
135	10KM	Pronk	Wilmari	01:01:35.65	(30) OPEN	POS 36 OF 169 (F)
136	10KM	Louw	Ronwynn	01:01:36.13	(31) OPEN	POS 100 OF 155 (M)
137	10KM	Zahradnicky	Ulli	01:01:49.08	(59) MASTER	POS 101 OF 155 (M)
138	10KM	Cloete	Tatum	01:02:15.30	(25) OPEN	POS 102 OF 155 (M)
139	10KM	Clarke	Cecil	01:02:17.34	(28) OPEN	POS 103 OF 155 (M)
140	10KM	Moller	Scharl	01:02:18.82	(48) VETERAN	POS 104 OF 155 (M)
141	10KM	De Klerk	Abigail	01:02:22.99	(37) OPEN	POS 37 OF 169 (F)
142	10KM	Londen	Emilia	01:02:31.81	(36) OPEN	POS 38 OF 169 (F)
143	10KM	Lintvelt	Elzabe	01:02:37.82	(46) VETERAN	POS 39 OF 169 (F)
144	10KM	Pieters	Karl-heinz	01:02:44.12	(32) OPEN	POS 105 OF 155 (M)
145	10KM	Fourie	Antonette	01:02:46.33	(67) GRAND MASTER	POS 40 OF 169 (F)
146	10KM	Kangootui	Vicky	01:02:56.14	(26) OPEN	POS 41 OF 169 (F)
147	10KM	Hamunyela	Paulus	01:02:57.81	(35) OPEN	POS 106 OF 155 (M)
148	10KM	Tjimbundu-kanguee	Nanguai	01:02:58.34	(33) OPEN	POS 42 OF 169 (F)
149	10KM	Labuschagne	Susanna	01:02:58.97	(52) MASTER	POS 43 OF 169 (F)
150	10KM	Nell	Sharon	01:02:59.94	(42) VETERAN	POS 44 OF 169 (F)
151	10KM	Hollick	Brigitte	01:03:01.86	(51) MASTER	POS 45 OF 169 (F)
152	10KM	Ferreira	Neville	01:03:06.99	(34) OPEN	POS 107 OF 155 (M)
153	10KM	Theunissen	Andrew	01:03:08.14	(30) OPEN	POS 108 OF 155 (M)
154	10KM	Wittmann	Wilhelm	01:03:09.50	(32) OPEN	POS 109 OF 155 (M)
155	10KM	Ndiyavala	Hambeleleni	01:03:19.33	(29) OPEN	POS 46 OF 169 (F)
156	10KM	Ferreira	Ruthild	01:03:22.04	(32) OPEN	POS 47 OF 169 (F)
157	10KM	Kathena	Janna	01:03:25.83	(47) VETERAN	POS 110 OF 155 (M)
158	10KM	Besser	Calvyn	01:03:35.93	(56) MASTER	POS 111 OF 155 (M)
159	10KM	Muukua	Zelda	01:03:42.05	(36) OPEN	POS 48 OF 169 (F)
160	10KM	Mbako	Mariana	01:03:44.24	(40) VETERAN	POS 49 OF 169 (F)
161	10KM	Meyer	Rozanne	01:03:59.83	(29) OPEN	POS 50 OF 169 (F)
162	10KM	Carstens	Gerhard	01:04:13.30	(48) VETERAN	POS 112 OF 155 (M)
163	10KM	Shiimi	Benny	01:04:15.21	(34) OPEN	POS 113 OF 155 (M)
164	10KM	De Jager	Katherine	01:04:16.99	(33) OPEN	POS 51 OF 169 (F)
165	10KM	Ndukireepo	Ebson	01:04:21.75	(40) VETERAN	POS 114 OF 155 (M)
166	10KM	Busch	Adachka	01:04:24.04	(28) OPEN	POS 52 OF 169 (F)
167	10KM	Maree	Nicolene	01:04:34.24	(39) OPEN	POS 53 OF 169 (F)
168	10KM	Landers	Louise	01:04:36.04	(56) MASTER	POS 54 OF 169 (F)
169	10KM	Fernandes	Nuno	01:04:37.54	(33) OPEN	POS 115 OF 155 (M)
170	10KM	Meintjes	Christine	01:04:56.32	(58) MASTER	POS 55 OF 169 (F)
171	10KM	Guo	Junchen	01:05:04.59	(31) OPEN	POS 116 OF 155 (M)
172	10KM	De La Harpe	Colin	01:05:05.53	(57) MASTER	POS 117 OF 155 (M)
173	10KM	Jankowski	Ingrid	01:05:19.07	(37) OPEN	POS 56 OF 169 (F)

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
174	10KM	Lehn	Yannick	01:05:23.80	(22) OPEN	POS 118 OF 155 (M)
175	10KM	Ruben	Hertha	01:05:33.21	(29) OPEN	POS 57 OF 169 (F)
176	10KM	Wiggill	Charlene	01:05:36.24	(29) OPEN	POS 58 OF 169 (F)
177	10KM	Beck	Barbara	01:05:58.02	(64) GRAND MASTER	POS 59 OF 169 (F)
178	10KM	Venter	Jaco	01:06:00.21	(52) MASTER	POS 119 OF 155 (M)
179	10KM	Venter	Tersia	01:06:03.30	(51) MASTER	POS 60 OF 169 (F)
180	10KM	Volkmann	Anja	01:06:16.73	(61) GRAND MASTER	POS 61 OF 169 (F)
181	10KM	Lehoho	Lydia	01:06:33.06	(58) MASTER	POS 62 OF 169 (F)
182	10KM	Herbst	Michelle	01:06:33.74	(37) OPEN	POS 63 OF 169 (F)
183	10KM	Uunona	Hanna	01:06:43.33	(30) OPEN	POS 64 OF 169 (F)
184	10KM	Schrader	Paul	01:06:48.72	(47) VETERAN	POS 120 OF 155 (M)
185	10KM	Kiimba	Alma	01:06:50.03	(28) OPEN	POS 65 OF 169 (F)
186	10KM	Mouton	Conroy E	01:06:50.66	(44) VETERAN	POS 121 OF 155 (M)
187	10KM	Kinnaird	Yvette	01:06:51.52	(41) VETERAN	POS 66 OF 169 (F)
188	10KM	Nyambe	Robby	01:06:57.69	(56) MASTER	POS 122 OF 155 (M)
189	10KM	Bailey	Benjamin	01:07:21.10	(15) JUNIOR	POS 123 OF 155 (M)
190	10KM	Mwilima	Ntwala	01:07:27.64	(39) OPEN	POS 67 OF 169 (F)
191	10KM	Kruger	Armand	01:07:46.24	(20) OPEN	POS 124 OF 155 (M)
192	10KM	Kapenda	Johanna S.t	01:07:49.76	(32) OPEN	POS 68 OF 169 (F)
193	10KM	Mulundu	Taleni	01:07:51.69	(27) OPEN	POS 69 OF 169 (F)
194	10KM	Sheehama	Hilya	01:07:54.72	(25) OPEN	POS 70 OF 169 (F)
195	10KM	Zhu	Qinglin	01:08:01.33	(19) JUNIOR	POS 125 OF 155 (M)
196	10KM	Nkoshi	Sesilia	01:08:04.15	(30) OPEN	POS 71 OF 169 (F)
197	10KM	Van Niekerk	Vonni	01:08:13.77	(25) OPEN	POS 72 OF 169 (F)
198	10KM	Kapunda	Hileni	01:08:14.48	(28) OPEN	POS 73 OF 169 (F)
199	10KM	Van Niekerk	Hennie	01:08:27.65	(66) GRAND MASTER	POS 126 OF 155 (M)
200	10KM	Uises	Christofina Christy	01:08:33.15	(34) OPEN	POS 74 OF 169 (F)
201	10KM	Goseb	Elvis	01:08:46.43	(34) OPEN	POS 127 OF 155 (M)
202	10KM	Shiimi	Beatha	01:08:48.26	(26) OPEN	POS 75 OF 169 (F)
203	10KM	Li	Yiwei	01:09:04.27	(28) OPEN	POS 128 OF 155 (M)
204	10KM	Shikongo	Pombili	01:09:08.66	(23) OPEN	POS 129 OF 155 (M)
205	10KM	Eliakim	Helvi	01:09:24.72	(35) OPEN	POS 76 OF 169 (F)
206	10KM	Shaanika	Andreas	01:09:27.16	(38) OPEN	POS 130 OF 155 (M)
207	10KM	Claasen	Rhonvin	01:09:47.70	(29) OPEN	POS 77 OF 169 (F)
208	10KM	Kapolo	Justina Olga	01:09:59.59	(37) OPEN	POS 78 OF 169 (F)
209	10KM	Mukupuki	Trevor	01:10:27.05	(36) OPEN	POS 131 OF 155 (M)
210	10KM	Amadhila	Vistorin	01:10:29.39	(35) OPEN	POS 79 OF 169 (F)
211	10KM	Kaune	Sophie	01:10:30.25	(33) OPEN	POS 80 OF 169 (F)
212	10KM	Gaeseb	Laurence	01:10:31.39	(41) VETERAN	POS 132 OF 155 (M)
213	10KM	Agbamu	Efeoghene	01:10:44.77	(40) VETERAN	POS 81 OF 169 (F)
214	10KM	De Wee	Ramira	01:10:48.99	(28) OPEN	POS 82 OF 169 (F)
215	10KM	Lukas	Justina	01:10:52.03	(25) OPEN	POS 83 OF 169 (F)

# MARATHON CHAMPIONSHIPS

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
216	10KM	Oosthuysen	Estelle	01:10:55.36	(56) MASTER	POS 84 OF 169 (F)
217	10KM	Hamunyela	Petrina	01:10:55.53	(28) OPEN	POS 85 OF 169 (F)
218	10KM	David	Rosemary	01:11:06.61	(38) OPEN	POS 86 OF 169 (F)
219	10KM	Tjizumaue	Merenchia	01:11:26.26	(34) OPEN	POS 87 OF 169 (F)
220	10KM	Handjengo	Zanelle	01:11:46.40	(16) JUNIOR	POS 88 OF 169 (F)
221	10KM	October	Bronwynne	01:11:48.39	(41) VETERAN	POS 133 OF 155 (M)
222	10KM	Nowases	Clementine	01:11:51.15	(31) OPEN	POS 89 OF 169 (F)
223	10KM	Tjikundi	Diana	01:11:56.41	(38) OPEN	POS 90 OF 169 (F)
224	10KM	Zemburuka	Nicole	01:11:57.12	(38) OPEN	POS 91 OF 169 (F)
225	10KM	Raynard	Nicolene	01:12:00.12	(30) OPEN	POS 92 OF 169 (F)
226	10KM	Benjamin	Alfeus	01:12:47.71	(52) MASTER	POS 134 OF 155 (M)
227	10KM	Manninen	Ritva	01:13:13.73	(58) MASTER	POS 93 OF 169 (F)
228	10KM	Handjengo	Rauna	01:13:34.39	(45) VETERAN	POS 94 OF 169 (F)
229	10KM	Junius	Sonja	01:13:46.13	(41) VETERAN	POS 95 OF 169 (F)
230	10KM	Mhanda	Selma	01:13:49.40	(31) OPEN	POS 96 OF 169 (F)
231	10KM	Claasen	Samantha	01:13:52.12	(29) OPEN	POS 97 OF 169 (F)
232	10KM	Peterson	Jo-anne	01:13:59.42	(29) OPEN	POS 98 OF 169 (F)
233	10KM	Newaka	Adelheid	01:14:00.41	(31) OPEN	POS 99 OF 169 (F)
234	10KM	Negonga	Ottilie	01:14:17.44	(27) OPEN	POS 100 OF 169 (F)
235	10KM	Nawaseb	Desmund	01:14:24.13	(32) OPEN	POS 135 OF 155 (M)
236	10KM	Kurz	Leandre	01:14:33.95	(30) OPEN	POS 101 OF 169 (F)
237	10KM	Sun	Jisong	01:14:36.32	(22) OPEN	POS 136 OF 155 (M)
238	10KM	Sun	Dekang	01:14:38.96	(33) OPEN	POS 137 OF 155 (M)
239	10KM	Mumbala	Selma	01:14:40.96	(30) OPEN	POS 102 OF 169 (F)
240	10KM	Abraham	Veringuno	01:14:48.14	(35) OPEN	POS 103 OF 169 (F)
241	10KM	Muhapi	Josefina	01:14:58.46	(41) VETERAN	POS 104 OF 169 (F)
242	10KM	Godfrey	Magdalize	01:15:04.27	(41) VETERAN	POS 105 OF 169 (F)
243	10KM	Human	Dinah	01:15:37.30	(33) OPEN	POS 106 OF 169 (F)
244	10KM	Kalili	Siphosethu Sethu	01:15:46.58	(41) VETERAN	POS 107 OF 169 (F)
245	10KM	Naruseb	Helvi	01:16:00.29	(41) VETERAN	POS 108 OF 169 (F)
246	10KM	Handjengo	Zeina	01:16:14.48	(14) JUNIOR	POS 109 OF 169 (F)
247	10KM	Hilundwa	Katrina Kathy	01:16:16.09	(34) OPEN	POS 110 OF 169 (F)
248	10KM	Ndaitwah	Linea	01:16:18.33	(44) VETERAN	POS 111 OF 169 (F)
249	10KM	Kasera	Adeline	01:16:48.01	(29) OPEN	POS 112 OF 169 (F)
250	10KM	Schwartz	Amoure	01:16:50.14	(23) OPEN	POS 113 OF 169 (F)
251	10KM	Katjiuaende	Sylvia	01:16:52.50	(38) OPEN	POS 114 OF 169 (F)
252	10KM	Rencs	Marrell	01:16:55.34	(34) OPEN	POS 115 OF 169 (F)
253	10KM	Hauwanga	Moses	01:17:07.02	(36) OPEN	POS 138 OF 155 (M)
254	10KM	Itewa	David	01:17:24.97	(25) OPEN	POS 139 OF 155 (M)
255	10KM	Kalumbu	Megameno T	01:17:34.33	(39) OPEN	POS 116 OF 169 (F)
256	10KM	Nangolo	Zelda	01:17:37.00	(43) VETERAN	POS 117 OF 169 (F)
257	10KM	Abner	Martha	01:17:37.39	(27) OPEN	POS 118 OF 169 (F)

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
258	10KM	Nangolo	Faizah	01:17:38.36	(13) JUNIOR	POS 119 OF 169 (F)
259	10KM	Nepolo	Vaarima	01:17:57.90	(27) OPEN	POS 120 OF 169 (F)
260	10KM	Gordon	Susan	01:18:0.00	(65) GRAND MASTER	POS 121 OF 169 (F)
261	10KM	Mouton	Selwyn	01:18:08.35	(43) VETERAN	POS 140 OF 155 (M)
262	10KM	Nepolo	Lydia Sn	01:18:10.16	(29) OPEN	POS 122 OF 169 (F)
263	10KM	Uunona	Oskar	01:18:14.84	(43) VETERAN	POS 141 OF 155 (M)
264	10KM	Shafuda	David	01:18:16.20	(26) OPEN	POS 142 OF 155 (M)
265	10KM	Luanda	Victoria	01:18:17.35	(26) OPEN	POS 123 OF 169 (F)
266	10KM	Elago	Stephanie	01:18:19.38	(34) OPEN	POS 124 OF 169 (F)
267	10KM	Huang	Minfei	01:18:39.51	(28) OPEN	POS 125 OF 169 (F)
268	10KM	Nakale	Emilia	01:18:42.00	(33) OPEN	POS 126 OF 169 (F)
269	10KM	Abraham	Frieda	01:18:44.39	(30) OPEN	POS 127 OF 169 (F)
270	10KM	Booyesen	Jonathan	01:19:03.67	(12) JUNIOR	POS 143 OF 155 (M)
271	10KM	Intamba	Hilya	01:19:05.08	(24) OPEN	POS 128 OF 169 (F)
272	10KM	Kirsten	Elmien	01:19:13.40	(33) OPEN	POS 129 OF 169 (F)
273	10KM	Motinga	Erna	01:19:29.62	(43) VETERAN	POS 130 OF 169 (F)
274	10KM	Murerwa	Winnet	01:20:00.50	(39) OPEN	POS 131 OF 169 (F)
275	10KM	Hausiku	Loide	01:20:06.16	(34) OPEN	POS 132 OF 169 (F)
276	10KM	Benade	Ansie	01:20:09.92	(50) MASTER	POS 133 OF 169 (F)
277	10KM	Shikongo	Ann-august	01:20:28.57	(40) VETERAN	POS 134 OF 169 (F)
278	10KM	Garoes	Clemencia	01:20:33.66	(27) OPEN	POS 135 OF 169 (F)
279	10KM	Kohima	Jennilee	01:20:38.57	(32) OPEN	POS 136 OF 169 (F)
280	10KM	Nakatana	Angelika	01:21:03.70	(38) OPEN	POS 137 OF 169 (F)
281	10KM	Kadhikwa	Erastus	01:21:24.72	(41) VETERAN	POS 144 OF 155 (M)
282	10KM	Jacobs	Rosy	01:21:38.93	(53) MASTER	POS 138 OF 169 (F)
283	10KM	Scholtz	Elzane	01:22:14.94	(32) OPEN	POS 139 OF 169 (F)
284	10KM	Mulundu	James	01:22:20.26	(30) OPEN	POS 145 OF 155 (M)
285	10KM	Ndisiro	Josika	01:22:22.40	(38) OPEN	POS 140 OF 169 (F)
286	10KM	Wilson	Hilda	01:22:24.86	(40) VETERAN	POS 141 OF 169 (F)
287	10KM	Stefanus	Martha	01:22:26.94	(29) OPEN	POS 142 OF 169 (F)
288	10KM	Shilongo	Justine Ndikuna	01:22:46.19	(28) OPEN	POS 143 OF 169 (F)
289	10KM	Katjinamunene	Sophie	01:23:49.55	(39) OPEN	POS 144 OF 169 (F)
290	10KM	Kauta	Cornelia	01:23:50.78	(37) OPEN	POS 145 OF 169 (F)
291	10KM	Dresselhaus	Werner	01:23:51.03	(64) GRAND MASTER	POS 146 OF 155 (M)
292	10KM	Kayeley	Caroline	01:24:03.00	(27) OPEN	POS 146 OF 169 (F)
293	10KM	Bruyns	Amanda	01:24:19.07	(43) VETERAN	POS 147 OF 169 (F)
294	10KM	Botes	Amy	01:24:33.63	(26) OPEN	POS 148 OF 169 (F)
295	10KM	Beukes	Danny	01:25:10.02	(44) VETERAN	POS 147 OF 155 (M)
296	10KM	Beukes	Frana	01:25:33.53	(40) VETERAN	POS 149 OF 169 (F)
297	10KM	Chang	Jingtao	01:26:23.83	(33) OPEN	POS 148 OF 155 (M)
298	10KM	Strauss	Gustav	01:26:55.99	(43) VETERAN	POS 149 OF 155 (M)
299	10KM	Potgieter	Johan	01:26:57.19	(29) OPEN	POS 150 OF 155 (M)

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## 10KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
300	10KM	Krauer	Barbara	01:26:59.71	(46) VETERAN	POS 150 OF 169 (F)
301	10KM	Philander	Samuel	01:27:02.21	(49) VETERAN	POS 151 OF 155 (M)
302	10KM	Poulton	Maureen	01:27:02.91	(50) MASTER	POS 151 OF 169 (F)
303	10KM	Shikusinde	Erika	01:27:56.51	(38) OPEN	POS 152 OF 169 (F)
304	10KM	Nowases	Isabella	01:30:39.17	(36) OPEN	POS 153 OF 169 (F)
305	10KM	Kadhikwa	Twapewa	01:30:41.56	(40) VETERAN	POS 154 OF 169 (F)
306	10KM	Semba	Abigail	01:30:46.32	(19) JUNIOR	POS 155 OF 169 (F)
307	10KM	Schmidt	Casper	01:31:34.84	(50) MASTER	POS 152 OF 155 (M)
308	10KM	Hilundwa	Ester	01:31:46.52	(32) OPEN	POS 156 OF 169 (F)
309	10KM	Lebusa	Christal	01:31:50.59	(35) OPEN	POS 157 OF 169 (F)
310	10KM	Eikki	Rachel	01:32:18.14	(29) OPEN	POS 158 OF 169 (F)
311	10KM	Kevanhu	Hilaria	01:32:20.19	(29) OPEN	POS 159 OF 169 (F)
312	10KM	Kaure	Adolf	01:32:59.53	(34) OPEN	POS 153 OF 155 (M)
313	10KM	Werth	Beulah	01:35:24.69	(46) VETERAN	POS 160 OF 169 (F)
314	10KM	Mutjavikua	Olivia	01:37:04.57	(40) VETERAN	POS 161 OF 169 (F)
315	10KM	Muadinohamba	Jerry	01:38:19.53	(48) VETERAN	POS 154 OF 155 (M)
316	10KM	Junius	Taliyah	01:40:14.83	(10) JUNIOR	POS 162 OF 169 (F)
317	10KM	Junius	Elaine	01:40:28.73	(37) OPEN	POS 163 OF 169 (F)
318	10KM	Beukes	Zania	01:40:31.70	(39) OPEN	POS 164 OF 169 (F)
319	10KM	Hubsch	Jean	01:41:19.84	(31) OPEN	POS 155 OF 155 (M)
320	10KM	Dreyer	Riana	01:43:07.02	(57) MASTER	POS 165 OF 169 (F)
321	10KM	Van Niekerk	Wilma	01:43:08.96	(65) GRAND MASTER	POS 166 OF 169 (F)
322	10KM	Benz	Khadijah	01:45:14.57	(24) OPEN	POS 167 OF 169 (F)
323	10KM	Kavita	Avehovandu	01:46:29.19	(35) OPEN	POS 168 OF 169 (F)
324	10KM	Kavekatora	Ngapaherwe	01:49:13.68	(43) VETERAN	POS 169 OF 169 (F)